

Creamy oat Porridge (ⓈⓋ on request) **\$20**
Creamy oat porridge with boysenberry cinnamon nutmeg top with seasonal poached fruit, freeze-dried raspberries & toasted coconut chips.

Not Just Eggs ⓈⓋ (Contains nuts) **\$19.5**
Two poached eggs served with pumpkin, cumin, garlic and lemon hummus, crumbled feta sprinkled with dukka finished with a drizzle of balsamic glaze. Served with your choice of Grizzly multigrain or seeded sourdough toast. **Add | Smoked Streaky Bacon +\$7 | House-Smoked Salmon +\$9 | Falafel bites+\$6.50**

Eggs Benedict ⓈⓋ (Contains nuts)
Two poached eggs, on a lightly toasted English muffin, topped with zesty lemon hollandaise, a drizzle of balsamic glaze, and house-made pesto herb oil. Served with your choice of: **Smoked Streaky Bacon \$27 | Southern Fried Chicken \$27 | House Smoked Salmon \$28 | Braised Pulled Pork \$27 | Roasted herb and garlic Mushrooms \$25 |**

Buttermilk Waffles ⓈⓋ (on request)
House-made buttermilk waffles served with maple syrup and your choice of: **Southern Fried Chicken \$26 | Smoked Streaky Bacon and Banana \$25.5 | Vegan Coconut Ice Cream & Seasonal poached fruit \$25 |**

Winter Big Breakfast ⓈⓋ (Contains nuts) **\$29**
Two eggs cooked your way, served with bacon, chorizo, house-made hash, roasted herb and garlic mushrooms, house made beans and seasonal pickled vegetables. Served with your choice of multigrain or seeded sourdough toast.

Vegetarian Breakfast ⓈⓋ (Contains nuts) **\$27.5**
Two eggs cooked your way, served with grilled halloumi, house-made hash, roasted herb and garlic mushrooms, house made beans and seasonal pickled vegetables. Served on your choice of multigrain or seeded sourdough toast.

Vegan Breakfast ⓈⓋ (Contains nuts) **\$27**
Falafel bites, house-made hash, roasted herb and garlic mushrooms, house made beans, seasonal roasted vegetables and pickled vegetables Served on your choice of multigrain or seeded sourdough toast.

Omelette Ⓢ (on request) **\$20**
A two-egg omelette, with your choice of **three fillings**: Ham, Cheese, Spinach, Bacon, roasted herb and garlic Mushrooms, caramelised onion. **Add | Toast \$3 | Kimchi \$4 | Add hollandaise +\$4.5 |**

Shakshuka (ⓈⓋ-on request) **\$23**
A Moghrabi dish, made of tomato, capsicum, onion, garlic, cumin, paprika, chilli & coriander top with two poached eggs, dukka & feta served with warm flat bread **| Add chorizo +\$5 |**

Open Bagel (ⓈⓋ- on request) **\$15**
Seeded mixed grain bagel topped with cream cheese, vegan pesto, fresh greens and a drizzle of balsamic glaze. **Add | Smoked Streaky Bacon +\$7 | Southern Fried Chicken +\$7.0 | House-Smoked Salmon +\$9 | Falafel Bites (Vegan) +\$6.5**

Southern Fried Chicken Ⓢ (Ⓢ on request) **\$26**
Buttermilk southern fried chicken, coleslaw with pumpkin seeds and currents, served with chipotle mayo, sriracha sauce and fries, garnished with seasonal pickled vegetables. **| Swap Fries for Kumara Fries or Cassava chips +\$3 |**

Nachos ⓈⓋ (Ⓢ-on request) **\$21**
Corn chips, covered with house-made beans, cheese sauce, grated cheese, topped with grilled corn, sour cream, crispy shallots, & parsley. **Add | Falafel Bites (Vegan) \$6.50 | Braised Pulled Pork \$7.0 | Southern Fried Chicken \$7.0 |**

Winter Salad ⓈⓋ (Ⓢ- on request) **\$23**
Seasonal vegetables roasted with smoked paprika, cayenne pepper & cumin, tossed with pumpkin, cumin, garlic and lemon hummus, pumpkin seeds, currants, feta, and kale. Finished with a lemon, mint and maple vinaigrette & a swirl of balsamic glaze. **Add | Southern Fried Chicken+\$7.0 | House Smoked Salmon +\$9 | Falafel Bites (Vegan) +\$6.5 || Braised Pulled Pork \$7 | Poached Egg +\$3 |**

Fish & Chips ⓈⓋ **\$26**
Freshly battered fish served with chips, coleslaw with pumpkin seeds & currents with a house made tartar sauce. **| Swap Fries for Kumara Fries or cassava +\$3 |**

Soft Shell Tacos (ⓈⓋ on request)
Filled with slaw & aioli, finished with crispy shallots, seasonal pickled vegetables, sriracha and your choice of: **Southern Fried Chicken \$23 | Braised Pulled Pork \$24 | Falafel Bites (Vegan) \$22 | battered fish \$24**

Soup of the Day
See the specials board or ask the team. Soup served with Grizzly multigrain or seeded sourdough toast.

****** Allergy Notice- Please let our team know of any allergies prior to ordering ******

Additional charges apply for variations to menu items, including Gluten Free and Dairy Free substitutions.

Ⓢ Gluten Free Friendly on Request

Ⓢ Dairy Free on Request Ⓥ Vegetarian on Request

Snack Menu

Bowl of Fries ©☉☑

Served with house made aioli, tomato sauce and your choice of herb salt or plain salt.

Small \$7.5

Large \$12.0

Loaded Fries Add+ \$8

Topped with Braised Pork, gravy and cheese

Topped with Bacon, cheese and BBQ sauce

Topped with southern fried chicken, cheese & chipotle mayo

Cassava Fries \$10

Served with sour cream and Paprika

Bowl of Kumara Fries ☉☉☑ \$14.5

Topped with sour cream and sweet chilli.

Loaded Kumara Fries Add +\$8

Topped with Braised Pork, gravy and cheese

Topped with Bacon, cheese and BBQ sauce

Topped with southern fried chicken, cheese & chipotle mayo

Falafel Bites ©☉☑ \$15.5

Served with roast pumpkin, cumin, garlic & lemon hummus and sweet chilli.

Snack Size Crispy Chicken ©☉ \$18.5

Served with chipotle mayo.

Mozzarella Sticks \$10.5

Served with your choice of sauce.

****** Allergy Notice- Please let our team know of any allergies prior to ordering ******

Additional charges apply for variations to menu items, including Gluten Free and Dairy Free substitutions.

☉ Gluten Free Friendly on Request

☉ Dairy Free on Request ☑ Vegetarian on Request

**** Southern Fried Chicken can be Dairy Free on request****

Whilst every possible care has been taken in preparing our gluten free food, contact with gluten may still occur as equipment is shared

Please refer to Blackboard for Coffee Options

Kid's Menu

(12 years and under)

Egg on Toast ©☉☑ \$9.5

One egg your way on sourdough.

Mini Waffle ©☉☑ \$12.5

Rolled in cinnamon sugar served with whipped cream and maple syrup. **Add | Smoked Streaky Bacon +\$4 | Southern Fried Chicken +\$4.5 |**

Mozzarella stick and Chips \$13.5

Mozzarella sticks and chips served with tomato sauce.

Chicken and Chips ©☉ \$14.5

Southern fried chicken, chips, and tomato sauce.

Fish and Chips ©☉ \$14.5

Fresh fried fish bites, chips, and tomato sauce.

Ham and Cheese Toastie with Chips (☉on request) \$14.5

DRINKS

HOT DRINKS - Blackcurrant, Lemon Honey & Ginger

LOOSE LEAF TEAS

English Breakfast, Earl Grey, Sencha, Tokyo Lime, Peppermint, Chamomile, Red Vanilla Raspberry (rooibos), Berrylicious.

ICED DRINKS

Iced Chocolate

Iced Chai

Iced Coffee

Iced Mocha

Iced Matcha

Kids Iced Choc

Iced Latte

Iced Americano

SMOOTHIES

Berry

Banana

Mango & Passionfruit

Green Goodness

Kids Berry

Kids Banana

MILKSHAKES

Chocolate, Vanilla, Caramel, Toffee, Salted Caramel, Coffee, Butterscotch, Banana, Strawberry, Raspberry, Lime, Spearmint

ENERGY SLUSHY

Blackcurrant & Tahitian lime

Peach & mango,

Watermelon & Tahitian lime