

Granola Bowl (G)(D)(V) **\$19.0**

House-made granola (**contains nuts**) with seasonal fruit, coconut yoghurt, rhubarb orange compote and dried raspberry

Not Just Eggs (G)(D)(V) **\$18.5**

Two free range poached eggs on Grizzly multigrain or focaccia toast, beetroot garlic hummus, crumbled feta, dukkha, with a drizzle of balsamic glaze.

Smoked Streaky Bacon +\$6.5

House-Smoked Salmon, confit garlic, fresh herbs +\$7.5

Eggs Benedict (G)(D)(V)

Two free range poached eggs on an English muffin, finished with a lemon hollandaise, a drizzle of balsamic glaze and herb oil. Your choice of:

Smoked Streaky Bacon	\$25.0
Southern Fried Chicken (Not DF)	\$26.0
House Smoked Salmon	\$27.0
Creamy Pesto Mushrooms and Spinach	\$24.0

Buttermilk Waffles (G)(D)(V)

House-made buttermilk waffles served with maple syrup and your choice of:

Southern Fried Chicken (Not DF)	\$25.0
Smoked Streaky Bacon and Banana	\$24.0
Seasonal fruit with coconut yoghurt	\$23.5
Vegan ice cream with rhubarb orange compote	\$24.0

Summer Breakfast (G)(D) **\$28.5**

Two free range eggs cooked your way with bacon, chorizo, house-made hash, creamy pesto mushrooms, roast tomato on your choice of multigrain or focaccia toast.

Vegetarian Breakfast (G)(D)(V) **\$27.5**

Two free range eggs cooked your way with halloumi, house-made hash, creamy pesto mushrooms, roast tomato and avocado on your choice of multigrain or focaccia toast.

Vegan Breakfast (G)(D)(V) **\$27.0**

Falafel bites, house-made hash, vegan cream cheese, creamy pesto mushrooms, roast tomato and avocado on your choice of multigrain or focaccia toast.

A Simple Omelette (G)(D)(V) **\$18.5**

Two free range egg omelette, with your choice of three (3) fillings: ham, tomato, cheese, spinach, bacon, creamy pesto mushrooms, onion. **Add toast + \$3**

Open Bagel (G)(D)(V) **\$14.0**

Seeded mixed grain bagel with house-made cream cheese, pesto, tomato, fresh greens & balsamic glaze

Smoked Streaky Bacon+\$6.5

Southern Fried Chicken+\$7.0

House-Smoked Salmon+\$7.5

Falafel Bites+\$6.5

Thai Beef Salad (G)(D) **\$27.0**

Refreshing and zesty Thai salad, with beef fillet, rice noodles, mung beans, carrot, fresh chilli, capsicum, sliced shallots, crushed peanuts, crispy greens, tossed with mint, coriander and parsley, drizzled with a house made Thai dressing.

Summer Salad (G)(D)(V) **\$20.0**

Fresh summer greens with beetroot garlic hummus, mung beans, carrot spirals, cherry tomatoes, coriander, mint, dukkha and pickled vegetables

Southern Fried Chicken-(Not DF) + \$7.0

House Smoked Salmon +\$7.5

Falafel Bites (Vegan)+\$6.5

Add Feta OR vegan cream cheese +\$4.50. **Egg** +\$3.0

Health Bowl (G)(D)(V) **\$18.5**

Quinoa, shredded cabbage, summer greens, carrot, cucumber, house-made cream cheese, hummus, pickled vegetables, a poached egg, olives, drizzled with a soy fresh chilli, sesame & ginger dressing

Southern Fried Chicken-(Not DF) +\$7.0

House-Smoked Salmon +\$7.5

Falafel Bites (Vegan)+\$6.5

Open Steak Sandwich (G)(D) **\$29.0**

On toasted focaccia, seasonal green's, tomato, cheese caramelized onion, beef fillet with chimichurri sauce
Served with aioli & chips **Add fried egg+\$3**

Avo Smash (G)(D)(V) **\$22.0**

Choice of multigrain or focaccia toast with house made cream cheese, crispy greens, smashed avocado, pickled vegetables, cherry tomato sprinkled with dukkha and drizzle of balsamic glaze

Add: Egg+\$3.0. Feta +\$4.50. Bacon +\$6.5

Burger Your Way (G)(D)(V)

Toasted bun, seasonal greens, tomato, cheese, caramelised onions, house made BBQ sauce, served with chips, aioli & your choice of:

Southern Fried Chicken (Not DF) **\$25.0**

Falafel Bites **\$23.0**

Smoked Streaky Bacon **\$24.0**

Add Avo+\$4.50 Add fried egg+\$3

Soft Shell Tacos (G)(D)(V)

Served with slaw, aioli, seasonal pickled vegetables, crispy shallots, finished with sriracha sauce and fresh herbs plus your choice of:

Southern Fried Chicken-(Not DF) **\$23.0**

Falafel Bites (Vegan) **\$22.0**

Beef fillet and chimichurri **\$25.0**

Southern Fried Chicken (G) **\$25.0**

Southern fried chicken, house-made slaw, pickled vegetables and chips. Served with chipotle mayo and sriracha sauce. **Swap fries for polenta fries+\$3**



Snacks

Bowl of Fries ⑥⑦⑧

Served with house made aioli, tomato sauce and your choice of herb salt or plain salt.

Small \$7.5

Large \$12.0

Loaded Fries Add \$8.0

A large bowl of fries topped with meat, cheese & house made BBQ sauce. (Please ask the friendly team what the meat is today)

Bowl of Kumara Fries ⑦⑧ \$14

Served with sour cream and sweet chilli.

Loaded Wedges (meat and cheese) +\$8

(ask the friendly team what the meat is today)

Falafel Bites ⑥⑦⑧ \$15.5

Served with beetroot and garlic hummus and sweet chilli.

Crispy Chicken ⑥⑦ \$18.5

Served with chipotle mayo.

Polenta Fries ⑥⑦⑧ \$14.5

Served with vegan aioli.

Mozzarella Sticks \$10.50

Your choice of sauce

Kid's Menu

(12 years and under)

Egg on Toast ⑥⑦⑧ \$9.5

One free range egg cooked your way on sourdough toast.

Mini Waffle ⑥⑦⑧ \$12.5

A mini waffle served with whipped cream and maple syrup.

Mozzarella Sticks \$13.5

Mozzarella sticks served with chips and tomato sauce.

Chicken and Chips ⑥ \$14.5

Southern fried chicken, chips, and tomato sauce.

Bacon Butty ⑥⑦ \$13

Bacon Butty served with tomato sauce and chips

Please Note:

Whilst every possible care has been taken in preparing our Low-gluten containing food, contact with gluten may still occur as equipment is shared.

Please advise us of any allergies

*****Available on Request Please ask staff WHEN ORDERING--

⑥=LOW Gluten

⑦ Dairy Free on request

⑧ Vegetarian on request or Vegan on request

BYO Cake charge applies \$7/ cake